

Leg og aktivitet der træner ”regulerings-musklen”

Ro i kroppen

FOA's Landskonference 2017

Kvalitet i dagplejen

Laila Jacobsen og Tina Ammundsen

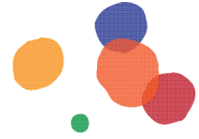
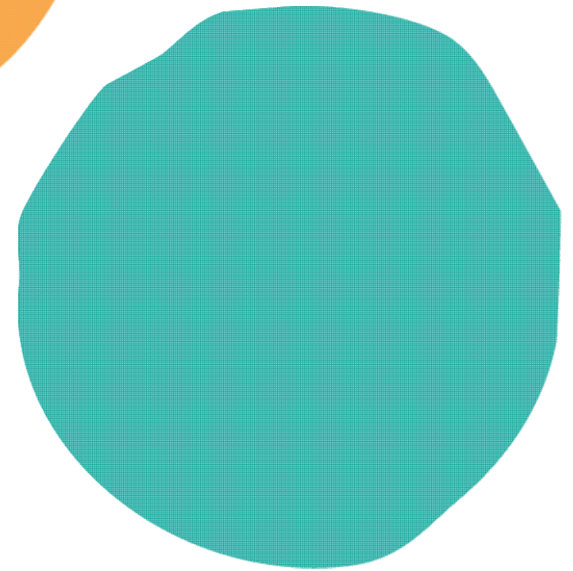
Leg forbereder os til livet



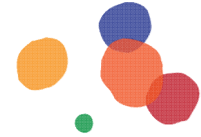
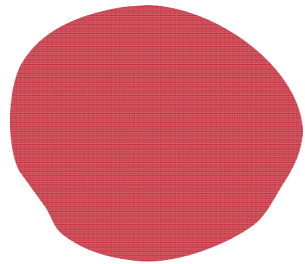
- REFLEKTERE

- RELATERE

- REGULERE

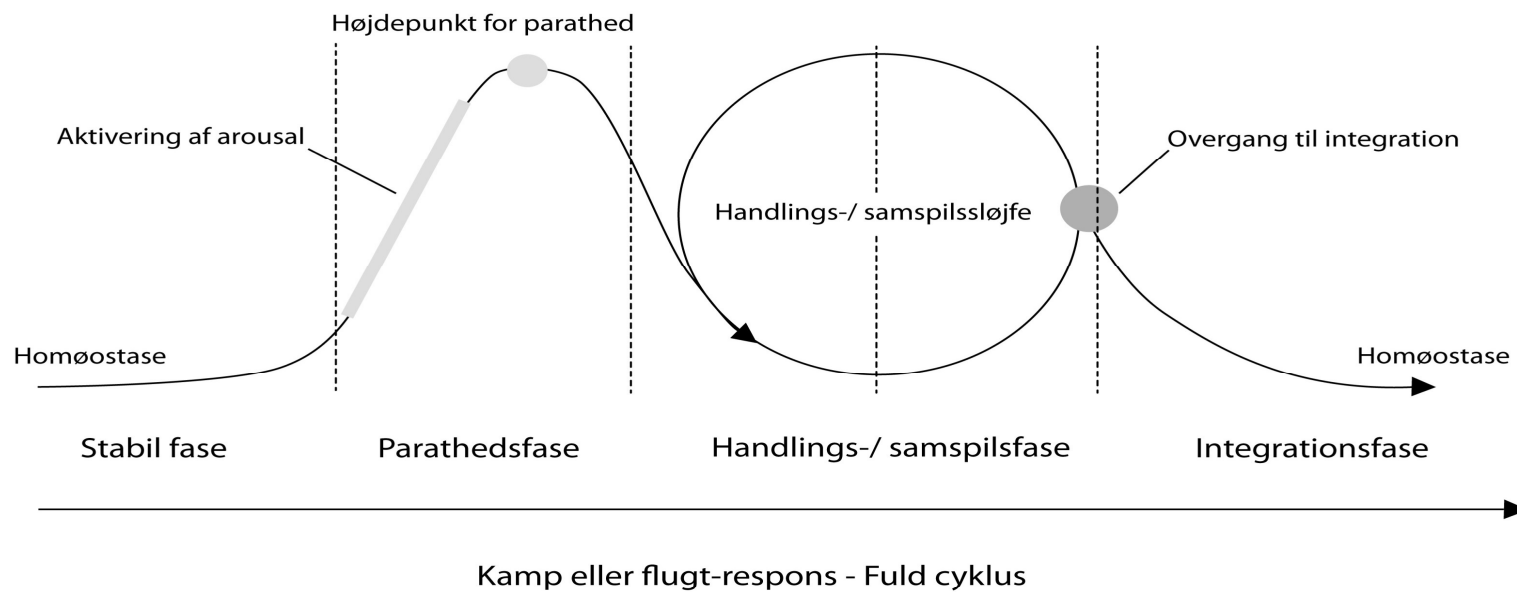


Loops

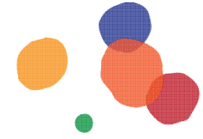


Alé Duarte

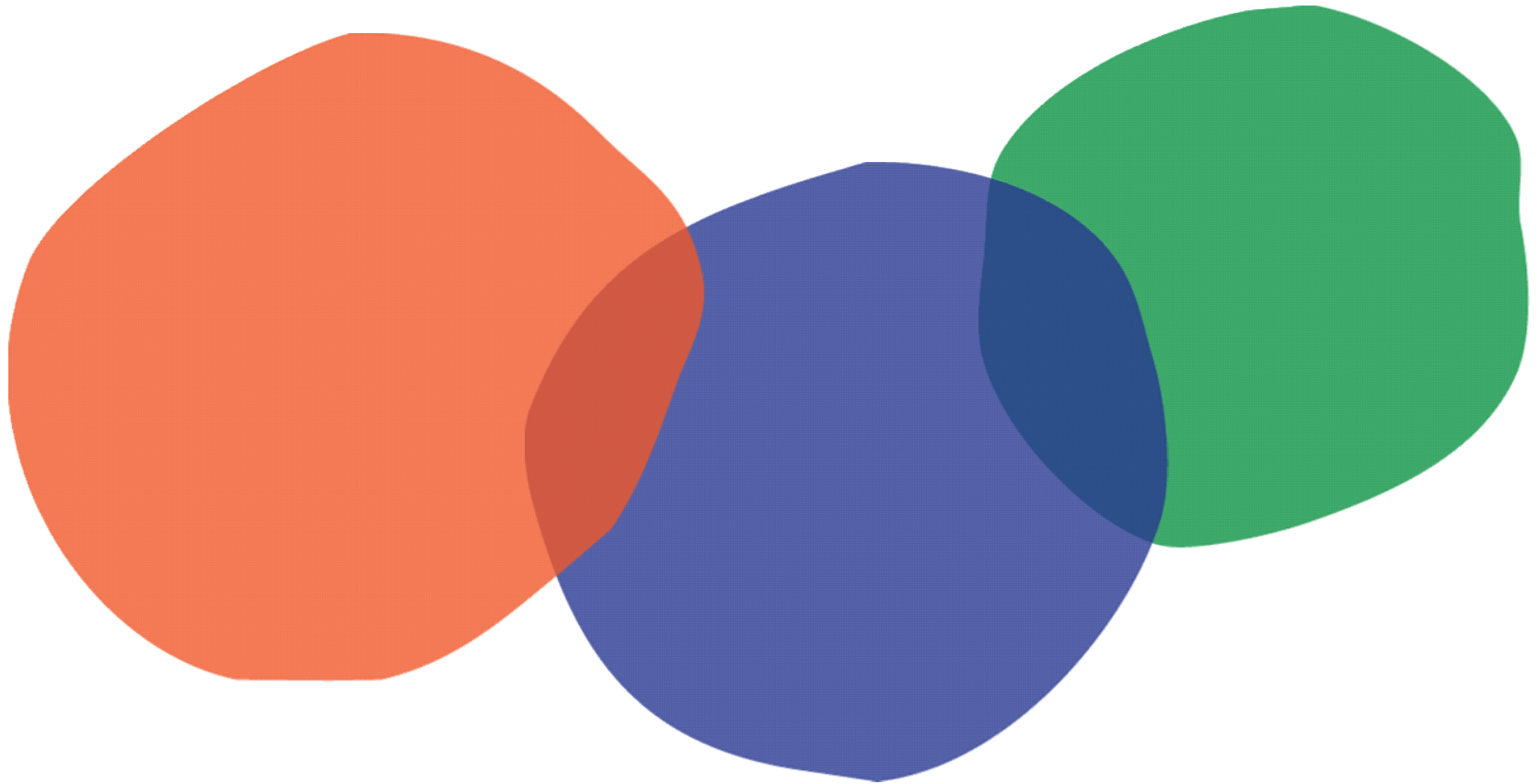
Det autonome nervesystems fem faser i den selvregulerende proces



Pudedans



- <https://youtu.be/DiBRScwckg8>





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